



Terms and conditions

version 01.02.2024

The “Flanders Triathlon Sports” event is organised by iZuro BV.

I RULES

The “Flanders Triathlon Sports” event, is organised by iZuro BV and complies with the rules of IUTA (International Ultra Triathlon Association), “Triatlon Vlaanderen”, “Zwemfed” and the provisions of the general regulations.

1 COMPETITION RULES

1.1 BELGIAN DOUBLE TRIATHLON

The Contestants & Participants are required to read and thoroughly familiarise themselves with the IUTA-triathlon rules (https://www.iutasport.com/rules/IUTA_Rules2022.pdf) and routes before the start of the race (available on our website).

The IUTA Waiver attached to our Waiver is to be completed by any participant of an IUTA sanctioned race (<https://flanderstriathlonsports.izuro.com/documents/waiver.pdf>). The form must be filled in every time you participate in an IUTA sanctioned race. Without that completed form no start at IUTA sanctioned races is possible. The signed form must be handed over to the organiser on site.

Any complaints or claims made in this regard will no longer be considered once the race has started. Any contestant who fails to familiarise himself/herself with the rules accepts full responsibility for any eventual sanction or disqualification. The competition stewards will make all decisions regarding breaches of the rules and the corresponding penalties. The stewards’ decisions are final and non-negotiable.

1.2 STANDARD, SPRINT, MINI TRIATHLONS

The Contestants & Participants are required to read and thoroughly familiarise themselves with the applicable triathlon rules (<https://api.triatlon.vlaanderen/media/2022/06/10/be3-sportreglementen-ned-2022-update-27042022.pdf>) and routes before the start of the race. (available on our website)

Any complaints or claims made in this regard will no longer be considered once the race has started. Any contestant who fails to familiarise himself/herself with the rules accepts full responsibility for any eventual disqualification. The competition stewards will make all decisions regarding breaches of the rules and the corresponding penalties. The stewards’ decisions are final and non-negotiable.



2 ADDITIONAL CONDITIONS

2.1 TRIATHLONS

	Drafting	Required documents*	age	Time Limits
Double	non-drafting	Waiver Medical declaration	Min 18	Swim: 4:00:00 Bike: 14:00:00 Run: 14:00:00 Total: 32:00:00
Standard	non-drafting	Waiver Medical declaration Parental agreement	Min 16	Swim: 0:30:00 Bike: 1:45:00 Run: 1:15:00 Total: 3:30:00
Sprint	drafting	Waiver Medical declaration Parental agreement	Min 16	Swim: 0:20:00 Bike: 1:00:00 Run: 0:40:00 Total: 2:00:00
Mini-long	drafting	Waiver Parental agreement	Min 10 Max 16	Swim: 0:12:00 Bike: 0:40:00 Run: 0:20:00 Total: 1:12:00
Mini-short	drafting	Waiver Parental agreement	Min 8 Max 12	Swim: 0:06:00 Bike: 0:20:00 Run: 0:15:00 Total: 0:41:00
Parent-child short	drafting	Waiver Parental agreement	Min 6 Max 12	Swim: 0:06:00 Bike: 0:20:00 Run: 0:15:00 Total: 0:41:00
Parent-child long	drafting	Waiver Parental agreement	Min 10 Max 12	Swim: 0:12:00 Bike: 0:40:00 Run: 0:20:00 Total: 1:12:00

*Required documents:

Waiver link:

<https://flanderstriathlonsports.izuro.com/documents/waiver.pdf>

Medical declaration (only if no active competition licence is provided) link:

https://flanderstriathlonsports.izuro.com/documents/medical_declaration.pdf

parental agreement (only if participant <18yo) link:

https://flanderstriathlonsports.izuro.com/documents/parental_agreement.pdf

Triathlon swimming conditions apply, see 2.2



2.2 SWIMMING (TRIATHLON, 250m, 1500m, 5000m)

Departures will or may be allocated according to your official swim time (to be disclosed to the Organiser) as requested in the registration documents. We aim to have contestants starting at the same time as others of an equivalent standard. We request the swimmers, even with departures based on similar swimming times, to not overtake within the last few metres as this may cause an obstruction to other contestants. Consequently, we ask swimmers to commence any overtaking manoeuvre in good time i.e. well before their individual arrival at the pontoon. No attempt should be made to overtake other swimmers within the last ten (10) metres. The swimming caps issued to contestants must be worn at all times during this stage and given back to the volunteer or assistant when exiting the water.

In order to prepare the participating swimmers, we have an official analysis of the water conditions, including temperature, before the event as hypothermia can still set in despite summer water temperature. These results will be communicated in separate email- or Facebook messages and shown and will be available at registration.

The actual decision concerning the wearing of a wetsuit will be decided and declared at registration by the 'Race Director' at the event. Support crew members are permitted to distribute food and drink to contestants during the swimming stage, but only sitting in the designated kayak or kano and/or on the pontoon. It should not be a disturbance for the officials recording contestants' lengths and times. Only the race officials shall decide when the swim stage is completed.

As of 2023 wetsuits are only allowed for temperatures between 16C & 18C. And not allowed for temperatures above 18C.

For competitions within Belgium, it is sufficient that a wetsuit covers torso, back, shoulders and knees but does not go further than neck, ankles and wrists.

2.3 NATURERUNS

It is forbidden to accompany athletes on the running route. Support crews may distribute food, drink and clothing in the designated pit stop areas.

Athletes must wear clothing appropriate for local weather conditions. Reflective clothing is strongly recommended.

The Organiser is entitled to inform the Participants when they break the race rules and to sanction those contestants who do so with a time penalty. Contestants must wear their race numbers on their fronts, and these must be clearly visible at all times. Contestants may walk or run, but may not use other aids. Contestants must complete the race under their own steam.

The transfer of a timing chip to another contestant will lead to immediate disqualification.

It falls to the contestant to inform officials when he/she has passed a checkpoint.

If necessary, the medical team or competition management may intervene and take a contestant out of the race at any time.

Contestants may interrupt the running stage of the race at any time, but must re-enter the race at the same point. Should a contestant interrupt a race for a longer period of time (more than 30 minutes), the competition management must be informed.



The same conditions apply if a contestant should wish to withdraw from the race. Failure to report to the competition management will lead to immediate disqualification. Likewise, contestants must inform the competition management on restarting the race after a longer break.

2.4 RULE & REGULATION BREACH

The competition stewards will make all decisions regarding breaches of the above Rules & Regulations and the corresponding penalties. The stewards' decisions are final and non-negotiable.

2.5 RULE & REGULATION CHANGES

The Organiser reserves the right to amend the competition rules at any time.

II. GENERAL

1.1 EVENT REGISTRATION

At registration the participant agrees to supply all required and necessary documents.

Registration at the registration office in our FTS Village opens 2 hours before the start of the event and closes 30 minutes before the start of the event.

1.2 EVENT TIMING

Timing will be, exclusively, electronically handled by a third party with race timing & results on his and "Flanders Triathlon Sports" websites.

The rental/guarantee for the transponders required for timekeeping will be handed out to all participants on site and must be returned by all athletes in the finish area at the end of the competition and/or immediately after they might have decided to stop their participation for any reason whatsoever.

IF NOT returned the participant will be invoiced specifically agreeing and accepting this rule and payment as due to the organiser.

1.3 EVENT DATA

The Participant agrees that photographs, film footage and interviews on radio, television, print media, books, photo copies, made in connection with his participation be passed on for advertising purposes without compensation, distributed and published. The collected, through the registration, personal data, will be stored for purposes of implementation and event management.

The Participant agrees specifically to the publication of his name, first name, year of birth, club, its starting number, and results in all event-related print media, and all electronic media.



1.4 EVENT'S OFFICIAL DOCUMENTS

Any contestant who fails to present either a medical certificate or a signed waiver form (see 5) before the start of the race or latest at arrival on site for official event registration, will not be allowed to compete.

1.5 EVENT CANCELLATION AND REFUND POLICY

1.5.1 COVID-19

Please note COVID-19 (or other related occurrences) may require the cancellation of the event and IF this is to be declared within two (2) weeks of the start of the event, no refund is guaranteed.

1.5.2 DATE CHANGE

In the event of a change in the date of the event, the registration and payment made will be valid for the new date. If the athlete prefers not to participate on the new date, 50% of the registration fee will be refunded.

1.5.3 EVENT CANCELLATION

In case of cancellation of the event, for reasons beyond the Organiser's control, the amount will be refunded according to the insurance conditions available at simple request IF paid for by the athlete together with his registration (see "insurance").

1.5.4 EVENT & DISCIPLINE CANCELLATION (by the ORGANISER)

1.5.4.1 EVENT & DISCIPLINE CANCELLATION < ONE (1) MONTH BEFORE EVENT

The registration amount will be refunded conditional to the triathlete informing & confirming the organisation not later than thirty (30) days before the event. Also, the athlete will need to declare not to use the already paid-for registration fee for another discipline at the intended event and/or exchange the paid-for registration fee for a 'voucher' for the future event.

Administration and organisation costs, 25% of the registration amount will be deducted.

After said thirty (30) day period, a min/amount of €150 (Euro) will be deducted from the amount to be refunded taking into account the non-recoverable and already incurred expenses.

1.5.4.2 EVENT & DISCIPLINE CANCELLATION < TWO (2) WEEKS BEFORE EVENT

The registration amount will not be refunded except for 25% of said registration fee, the balance covering administration and organisation costs.

The athlete can transfer the registration to the following year LESS detailed administration and organisation costs.

1.5.5 EVENT AND/OR DISCIPLINE CANCELLATION (by the PARTICIPANT)

1.5.5.1 EVENT & DISCIPLINE CANCELLATION < ONE (1) MONTH BEFORE EVENT



The registration amount will be refunded on condition that the athlete informs the organisation at least thirty (30) days before the event, less administration and organisation costs, which is 25%.

After said thirty (30) day period, a min/amount of €150 (Euro) will be deducted from the amount to be refunded taking into account the non-recoverable and already incurred expenses.

The athlete can transfer the registration to the following year LESS detailed administration and organisation costs.

1.5.5.2 EVENT & DISCIPLINE CANCELLATION < TWO (2) WEEKS BEFORE EVENT

The registration amount will not be refunded except for 25% of said registration fee, the balance covering administration and organisation costs.

1.6 NO-SHOW

A “no show” results automatically in a “no refund” of the entry fee.

1.7 CHANGE OF DISCIPLINE

If the athlete has registered for a certain discipline but wishes or needs to transfer to another, he can do so by contacting the organisation by email: “flanderstriathlonsports.be” (belgiantriathlonsports@izuro.com).

The Organisation will check the availability (free places) in the chosen discipline and coordinate and review whenever possible the registration fees.

The organisation has five (5) days to respond.

2 EQUIPMENT STORAGE

Bike safety and storage: contestants and their support crews are solely responsible for the safety of their bikes and other equipment IF not otherwise organised and/or agreed. The Organiser accepts no liability for damage or loss of property incurred as a result of participation in the race.

IF so organised by the Organiser, the Participant agrees with the transportation rule (limited parking spaces at the swim- & bike transition zone) which will transport his bike & equipment and the Participant with the available shuttle service to the transit zone and/or “parc fermé”.

3 FORCE MAJEURE

There will be “no refund” if the event is cancelled due to a “force majeure”.

4 INSURANCE

4.1 ORGANISER

The Organiser as Member of IUTA & “Triatlon Vlaanderen” (“3Athlon”) carries event liability insurance.



4.2 CONTESTANTS & SUPPORT CREW(S)

Contestants and their support crew(s) are fully responsible for ensuring that they have sufficient health, accident and/or cancellation insurance cover before entry in the race.

4.3 SAFETY PROVIDERS

Motorcycle signalmen and/or Signallers need to be insured and provide their insurance covers to the Organiser.

5 LIABILITY

The Organiser accepts no liability for any accident, damages or theft that arises from participation in the competition.

6 ASSISTANCE

The athletes may be assisted by a maximum of one (=1) appointed helper in the transition zone located at Kruineikenbrug (TILDONK) = swim start zone.

7 RESULT PUBLICATION

The participant agrees explicitly to the implementation of the rules, terms and conditions specified in the announcement.

8 ACCOMMODATION(S)

Reservations for one of the accommodations listed on the site are subject to a “event reduction” ONLY if made via the organisation must be made directly on their website.

However, your reservation must always state that you are a participant of the “Belgian Double Triathlon” and/or “Flanders Triathlon Sports” event as either a “participant” or “crew” or “family”.

In case of cancellation by the customer, he must check and respect the cancellation policy of the hotel.

9. CONSENT FOR PHOTOGRAPHY AND MEDIA USE

By participating in this event, you acknowledge and agree to the following terms regarding photography and media use:

Photography and Filming: You understand that during the event, photographs and videos may be taken by our official photographers and media team.

Usage of Images: You grant the event organizers the right to use any photographs, video footage, or other media taken of you during the event for promotional purposes. This includes, but is not limited to, advertising, marketing, social media, and other promotional materials, in both digital and print formats.

Duration of Use: The rights to use these images are granted perpetually, without any time limitations.



No Compensation: You understand and agree that you will not receive any financial compensation or royalties for the use of your images.

Waiver of Rights: You waive any right to inspect or approve the final products that include your image.

Withdrawal of Consent: If you wish to withdraw your consent for future use of your image, you must notify the event organizers in writing. However, this withdrawal will not apply to materials already produced and in use.

III. MEDICAL

1 HEALTH

The Organiser accepts no responsibility for the health risks of a participant in connection with participation in the competition.

The Participants therefore confirm - obligatorily - that they have had a health check by a specialist and there are no objections to the participation in the desired competition. The participants also confirm to submit the documents to the organisation at the latest on the day of the competition during “last checks & controls” at the registration’s office before the start of the event.

In addition, the Participants confirm on a written document, they are in a reasonable state of training. They also confirm herewith their agreement to be taken out of the race, when the Organiser or medical team consider their health may be harmed or threatened thus consider it being in the best of the athlete’s interest to stop their physical efforts.

2 HYGIENE - COVID-19

If applicable, the participants are obliged and agree to adhere to the requirements of the hygiene conditions and regulations as to be detailed by the Organiser and possibly as imposed by the local Authorities.

3 DOPING REGULATIONS

It is to be noted by the participants that by confirming their registration they confirm to comply with the applicable “Anti-Doping” rules as set out by “WADA” & “IUTA”.

Athletes also need to prepare and be available for anti-doping control.
(<https://www.wada-ama.org> and <https://www.iutasport.com/iuta/anti-doping>)

4 DOPING CONTROL

Doping tests may be conducted without warning before and after the race (NADO anti-doping conditions).